Foster care training calendar

This document includes registration information for all trainings. For details about training requirements that apply to you, go to the "Training" section of the foster parent website at HennepinCounty.gov/fosterparents. For questions, contact fostercare@hennepin.us.

Live virtual training

Trainings listed in this section are conducted on Microsoft Teams or Zoom unless stated otherwise. To register, email fostercare@hennepin.us and please provide name of training/date, foster parent/s attending, and your licensing worker. Please note that registration for our partner agencies training closes the day before the training.

Home for the Holidays: Helping Birth Kids Find Predictability in a Season of Change

Tuesday, November 10, 2026, 9 – 10am

Understanding Your Adoptee's Adoption Story: The Seven Core Issues

Tuesday November 10, 2026, 11:30am - 1:30pm

COLORISM: The Politics of Skin Tone and How We Get Free as a Foster Parent

Tuesday, November 10, 2026, 2:15 - 3:15pm

Let's Move; Using Movement to Promote Child Development

Tuesday, November 10, 2026, 6 - 8pm

Lunchbox Talk: The Power of Validation

Wednesday November 11, 2026, 12 – 12:30pm

Question Persuade and Refer(QPR) / Suicide Prevention

Wednesday, November 11, 2026, 6 – 7:30pm

Woven Identities: Supporting LGBTQIA2S+ Children, Youth & Young Adults Across Adoption, Foster Care & Kinship Care

Thursday, November 12, 2026, 9 - 11am

Transracial Adoption Placement Assessment: A Hierarchy of Racial and Cultural Identity Needs in Adoptees
Thursday, November 12, 2026, 11:30am – 1:30pm

How the Other Half Eats: The Untold Story of Food and Inequity in America
Thursday, November 12, 2026, 2 – 3:15pm

Child Protection Foster Care Court w/Hennepin County Attorney
Thursday, November 12, 2026, 6 – 8pm

Challenging Behaviors at Every Stage of Development: Birth to Preschool Years
Wednesday, November 18, 2026, 9 – 10am

Rethinking Challenging Behavior: Relationship, Regulation & the Brain in Mind
Wednesday, November 18, 2026, 11:30am – 12:30pm

TBRI (Trust Based Relational Intervention) Level 2: Connecting Principles
Saturday, November 21, 2026, 9 – 11am

The Belonging Need. Understanding Belonging to Help Children and Families Move from Surviving to Thriving
Thursday, November 24, 2026, 12 - 1:30pm

Challenging Behaviors at Every Stage of Development: Elementary Years
Tuesday December 1, 2026, 12 - 1pm

Reflecting and Unpacking Complex Behaviors
Wednesday December 2, 2026, 12 - 1:30pm

Understanding Early Episode Psychosis for Families
Thursday, December 3, 2026, 7 – 9pm

TBRI (Trust Based Relational Intervention) Level 2: Empowering and Correcting Principles
Saturday, December 5, 2026, 9 – 11am

Movement as Medicine: Somatic Tools for Caregivers & Professionals
Monday December 7, 2026, 11:30am - 12:30pm

The Cost of Becoming a Boy: Trauma, Masculinity, and Better Engaging Boys in our Work
Tuesday, December 8, 2026, 9 – 11am

Hennepin County
300 South Sixth Street, Minneapolis, MN 55487
HennepinCounty.gov

Lunchbox Talks: Navigating Holiday Stress
Wednesday December 9, 2026, 12 – 12:30pm

I Am Safe: Mind-Body Strategies for You and Your Family
Wednesday, December 9 from 12:30 – 2:00 pm

Question Persuade and Refer(QPR) / Suicide Prevention
Wednesday, December 9, 2026, 1 – 2:30pm

Understanding ACEs: How Early Experiences Shape Children, Families, and Relationships
Thursday, December 10, 2026, 12 - 2pm

Keeping Critical Thinking Alive: Cultivating the Life of the Mind in an AI-Obsessed World
Friday December 11, 2026, 10 – 11am

Helping Families Navigate Hard Conversations: Drugs and Alcohol
Monday December 14, 2026, 11am – 12pm

Uplifting Caregivers' Voice to Strengthen Systems of Prevention for Minnesota's Children and Families
Tuesday, December 15, 2026, 12 - 1:15pm

Self-Care as a Foster Parent
Tuesday, December 15, 2026, 6 – 8pm

Challenging Behaviors at Every Stage of Development: Middle School Years
Wednesday December 16, 2026, 12 - 1pm

Challenging Behaviors at Every Stage of Development: High School Years
Tuesday January 5, 2027, 12 – 1pm

Lunchbox Talks: How to Really Listen to Your Child
Wednesday January 13, 2026, 12 – 12:30pm

Best care seat training

Each foster parent transporting children under the age of 9 must complete the Basic Education for Safe Travel (B.E.S.T).

This training includes the online Car Seat Basics followed by the in-person car seat check within 30 days after finishing the Car Seat Basics. The car seat checks are held at the Northwest Family Service Center in Brooklyn Center.

1. Each foster parent in the home must complete the Car Seat Basic online training, separately.
2. Complete the Car Seat Basic online training.
3. Once you receive your certificate, email fostercare@hennepin.us to register for your Car Seat Check.
4. A vehicle is required for the Car Seat Check. If you are a provider without access to a vehicle, speak with your licensing worker as they will need to register you for the training.
5. If you are unable to attend the upcoming dates you can find a list of BEST approved facilitators. You will be charged a fee by these B.E.S.T Facilitators.

Registration for the below dates is open only to Foster Parents with Hennepin County Child Foster Care and private/county agencies with children placed by Hennepin County that use car seats for transport

Tuesday at 5 p.m.

- September 22, 2026
- October 6, 2026
- October 20, 2026
- November 17, 2026
- December 8, 2026
- December 22, 2026

Saturday at 9 a.m.

- September 19, 2026
- November 7, 2026

Pre-recorded training

To register, email fostercare@hennepin.us and write “Prerecorded training” in the subject line.

- Age Appropriate and Inappropriate Sexualized Behaviors (2.5hrs)
- Autism Spectrum African American community (30 min)
- Autism Spectrum Native American community (30 min)
- Autism Spectrum Hmong community (30 min)
- Autism Spectrum Latino community (30 min)
- Autism Spectrum Somali community (30 min)
- Beyond Time In: Coaching Parents in Trauma Sensitive Discipline (1.5hrs)
- Building Self-esteem in Children (1hr)
- Child Defiance - Overcoming Opposition, Resistance and Backtalk (3.5hrs)
- Child Discipline Without Punishments or Bribes (1.5hrs)
- Children’s Mental Health: Children’s Mental Health for Resource Families (2hrs)

- Children's Mental Health: ADHD (1.5hrs)
- Children's Mental Health: Anxiety (1.5hrs)
- Children's Mental Health: Depression (1.5hrs)
- Children's Mental Health: OCD (1.5hrs)
- Developmental Impact of Trauma (2hrs)
- Discipline in Foster Care: Managing our Behaviors to Manage Theirs (2hrs)
- Ensuring Safety & Equity for LGBTQIA+ Youth
- FASD: FASD, ADHD or both (1.5hrs)
- FASD: Fetal Alcohol Spectrum Disorder (1hr)
- FASD: Implications of FASD for the Adoptive Family (1hr)
- FASD: Resources for Families Living with FASD (1hr)
- Foster Parent Guide Test (3hrs)
- Grief and Loss in Foster Care (1.5hrs)
- Healing through Tantrums and Tears (2hrs)
- Helping Kids with Difficult Behaviors (30min)
- Kids Hair Fundamentals (1hr) recommended
- Mandated Reporter (1hr)
- MAPCY: Foster Care Supplemental Rate (2hrs)
- Nuts and Bolts: Foster Care the Hennepin Way (1hr)
- Overcoming Anger, Aggression and Violence in Kids (2hrs)
- Picky Eaters, Sugar Addicts and Dinner Table Power Struggles (2hrs)
- Prudent Parenting (1.5hr)
- SUID/AHT- Sudden Unexpected Infant Death and Abusive Head Trauma (1.5hr)
- Toileting Problems: Enuresis & Encopresis (1.5hrs)
- Trauma Sensitive Discipline for Parents (2hrs)
- Vulnerable Adults Mandated Training (1.5hrs)
- Working with Infants Experiencing Withdrawal (2hrs)

Foster Parent College

Foster Parent College training is additional prerecorded training offered to foster parents at no cost.

- Send an email to fostercare@hennepin.us to request an account.
- To learn more, visit Foster Parent College.