Hennepin County	***Department of Community Corrections & Rehabilitation*** **Juvenile Detention Center** *Policies and Procedures*	Number: 07-18 Effective: April 2015 Revision: July 21, 2016 Review: September 2, 2027	No. of Pages: 2
Chapter 06: Resident Rights	*Subject:* **Resident Wellness**		

PURPOSE To ensure the Juvenile Detention Center (JDC) promotes and protects residents' health, well-being, and ability to learn by supporting healthy eating and physical activity.

AUTHORITY County Administration

APPLICABILITY Employees, volunteers, and contracted staff

REFERENCES Child Nutrition Act: 42 U.S.C. 1751

MN Rule 2960.0080 subp. 12

MN State Department of Education

POLICY JDC will provide quality food services to the residents with access to a variety of nutritious foods that meet the health and nutrition requirements. JDC will accommodate the religious, ethnic, and cultural diversity of the residents in a clean and safe environment at appropriate scheduled times.

PROCEDURES

Staff

A. JDC staff will recognize that nutrition and physical education are essential components of the educational process and good health supports residents by:

   1. Promoting residents' health, well-being, and ability to learn by supporting healthy eating and physical activity habits.

   2. Encouraging the involvement of residents, teachers, food service staff, and other interested persons in implementing, monitoring, and reviewing its nutrition and physical activity programs, policies, and practices.

   3. Providing access to healthy foods in order to grow, learn, thrive, and maintain healthy lifestyles.

4. Planning and implementing programs and activities that promote health and wellness to maintain a healthy lifestyle.

5. Providing residents opportunity, support, and encouragement to be physically active on a regular basis.

6. Providing resident meals and beverages that will meet United States Department of Agriculture (USDA) Dietary Guidelines where appropriate.

Superintendent

B. Designate appropriate staff to ensure the implementation and compliance with JDC Resident Wellness Policy.